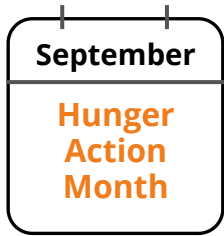
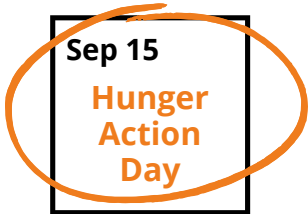


# Hunger Action Month



Hunger Action Month is a nationwide effort to inspire people to take action against hunger.



Join us for the entire month of September as we share ways you can help fight hunger in your community!



## Make Your Voice Heard

Educate your peers about hunger in Josephine County! The more people who choose to take a stand against hunger, the more opportunities we have to create a hunger-free Josephine County.

## Useful Information

(541) 479-5556 | [info@jocofoodbank.org](mailto:info@jocofoodbank.org)  
PO Box 250, Grants Pass, OR 97528

- Facebook: @jocofoodbank
- Instagram: @raptorcreekfarm
- September 9: Raffle at the Grants Pass Farmers Market
- September 23: Warehouse tour and farm tasting! Come meet our team and learn about what we do!

## Why Do We Need Hunger Action Month?

Food insecurity is a reality for **too many** of our Josephine County residents. For many, a daily meal is not a choice between foods but rather an impossible choice between food and other crucial needs, such as electricity, childcare, or medicine.

- In June 2022, 1 out of every 5 Josephine County residents accessed emergency food services.
- 1 in 4 food insecure residents are children.
- Grocery prices have risen more than 10%, and residents on limited incomes are struggling to make ends meet.
- In 2020, Josephine County Food Bank distributed 2.6 million lbs of food to our community.

## What Can I Do to Help?

There are so many ways you can make a difference!



### Start a canned food drive

Food drives are a fun way to connect with your family, friends, and colleagues as you work to put food on the shelves of local pantries! Our Food Drive toolkit can be found on the next page.



### Become a Grants Pass Food Project donor

Get involved with your neighbors! Start a neighborhood group and collect food every other month for the Food Bank. Contact Cindy at [gpfoodproject@gmail.com](mailto:gpfoodproject@gmail.com)



### Let us glean your garden!

Do you have extra produce that you can't use? We will come harvest your unused fruit or veggies! Call our office at (541) 479-5556.



### Volunteer with the Josephine County Food Bank or one of our partner agencies

We are always seeking volunteers to help with our food distribution efforts! Without our volunteers, we would not be able to feed our community.



### Donate funds

Our generous network of donors keeps food on the tables of Josephine County residents and their families. \$1= 3 meals!

## Canned Food Drives

Food drives are an integral part of what we do at the Josephine County Food Bank! Group food drives help us keep our shelves packed with nutritious food for our community. All food collected during these drives goes to help families and individuals in need across Josephine County!

Are you interested in hosting a food drive at your work or with friends and family? Here's how you can start a food drive of your very own:



### PRE-PLANNING 101

- **Get in touch with our staff here at the Josephine County Food Bank!** We are happy to provide extra resources, collection barrels, receipts for tax deductions, and marketing materials ("most wanted food posters," small flyers with times and dates, etc.). We can also promote and publicize the event!
- **Identify a reasonable goal.** Consider how long you'll run the drive and how many people you want to participate.

### HOLDING & PUBLICIZING THE FOOD DRIVE

- **Set up collection points and label them clearly.** Make sure that your collection point is easily accessible and highly trafficked; places such as lobbies, lunchrooms, and showrooms work best. Place all information signs, "most wanted food posters," and other relevant materials with your food barrels.
- **Publicize your drive!** Raise awareness about your event so that people know where to donate, how to donate, how long the drive is running, and what items they can bring. Send out announcements and reminders via email, text, and social media, or post them in communal spaces.
- **Make it competitive!** Bring fun to your food drive by encouraging friendly competition between workplace departments or families. Offer a prize for the winning team!
- **Collect your donations.** Now it's time to collect food for your food drive! Continue to collect food for as long as your food drive lasts, making sure to store all food in a safe, dry place.
- **Coordinate food delivery to the Josephine County Food Bank.** Call us at (541) 479-5556 if you need pickup service. If you have food barrels from us, we will happily come to get them! If you are delivering yourself, please call ahead so we can be prepared for you.
- **Celebrate!** Congratulations on your food drive! Be sure to thank everyone for their participation. Consider sending a press release to the media, or posting about it online.